The following is a brief description of the many 4-H opportunities available to you during the 4-H year. The types of activities you will be involved in will vary with your age and personal interests. Read through each one to see what it has to offer. Your 4-H club leader or the 4-H office can answer any further questions you may have regarding participation.

**Club Meetings:** Usually held two times a month, but varies by club. Each club will determine where meetings are to be held.

**Projects:** There are more than 50 projects (learning experiences in a specific area) to choose from. New members should limit themselves to one or two projects. Older members may choose to enroll in a variety, or concentrate their efforts on one major project. To "complete" a project, the member must fulfill the requirements listed in the project report for the appropriate age division (Junior, Intermediate, Senior and Cloverbud). 4-H expects a minimum of six activities or lessons in project area activities, and complete a project report. (However, some project activity books may vary in the suggested number of activities.)

A completed project report and supporting 4-H records reflecting the appropriate age category must be turned into the 4-H office in May, and must comply with the “active 4-H” definition.

**Project Reports:** Please use the reports posted on the county website only – they have been modified and are not the same as on the state 4-H website. You will be judged on the county version. These are provided by the 4-H office and records should be kept by the member on each project. See your 4-H leader for information regarding additional requirements for your project report. Project Reports are due to your leader or the 4-H office by the determined due date in May. (You can turn it in early; do not wait until the last minute) (Please copy your project report if you need it for a portfolio, home school evaluation, etc)

**Demonstrations:** Show and Tell about a 4-H project or activity. Each member should do at least one demonstration in each project area at a club meeting during the year. The County Events competition is available to members who wish to compete for awards. Junior (8-10), Intermediate (11-13), and Senior (14-18) demonstrations have specific time limits. County winners advance to District competition. Senior (age 14-18) district winners can advance to state competition. Specifications and judging criteria are available from the 4-H office.

**Public Speaking:** Competition is open to Junior (8-10), Intermediate (11-13), and Senior (14-18) members to speak on the category of their choice. Time Limits for General: Junior & Intermediate: 3-7 minutes - Senior 5-7 minutes. Time Limits Horse: Junior & Intermediate 3-7 minutes - Senior 8-10 minutes. Specifications and judging criteria are available from the 4-H office.

**Awards and Recognition Ceremony:** All county, district, and state winners/events participants will be recognized. Club leaders will recognize club level participation. All 4-H families are invited to attend this event held at Osceola Heritage Park each August.

**4-H County Council:** Each 4-H Club may have up to two voting delegates on the County Council, however, all members are welcome at meetings. County Council will meet every month August through May (unless otherwise notified). The County Council is charged with making decisions regarding county-level activities and providing leadership for these activities. In addition, the council sends delegates to District and State Council as representatives of Osceola County 4-H. Meetings will be held in conjunction with adult volunteer leader meetings. Check calendar at osceola.ifas.ufl.edu

**District VIII 4-H Council:** All Senior 4-H’ers (4-H age 14-18) are welcome at District Council meetings. Two (2) voting delegates are selected by each county council to represent each county in our district.
**Fashion Revue/Clothing Selection:** Contests for Junior (8-10), Intermediate (11-13) and Senior (14-18) divisions to be held during the Osceola County Fair in February. Fashion Revue encourages members in the clothing construction project to model outfits they have made. Clothing Selection encourages youth to select and model an outfit and describe to judges the reason for their selection. Winners may advance to district and state competition.

**Share-the-Fun:** Talent competition held during the fair in February, is open to any Junior (8-10), Intermediate (11-13) or Senior (14-18) 4-H member. Acts must be 3-5 minutes in length, and may be instrumental, vocal, dance or dramatic and can include 1-5 participants in the same age category. Cloverbud Share-the-Fun is a non-competitive event and is open to members 4-H ages 5-7.

**Other Fairs and Livestock Shows:**

- **Osceola County Fair and Livestock Show:** Held each February at Osceola Heritage Park. 4-H members must be enrolled in current 4-H year to participate. Ask your leader for details. website: [www.osceolacountyfair.com](http://www.osceolacountyfair.com)

- **Central Florida Fair:** District fair held each year in Orlando during February. Members may participate in Consumer Judging, Horse Bowl, Electronic Game Boards, Dairy Goat Show, Market Animals, Beef Breeding Show, Citrus Tree Contest and more for details check out the website: [www.centralfloridafair.com](http://www.centralfloridafair.com)

- **Area D 4-H Horse Show:** District horse show held at Clarcona Horseman’s Park. 4-H horse owner project (HS2) members must meet Osceola County qualifications to compete at this show. Horse Qualification Packets are due by a designated November deadline if you intend to compete at Area D. Contact Livestock Agent for more information.

- **State 4-H Horse Show:** Held at Tampa in July/August. Members who qualify at the Area D Horse Show may participate. State Qualifiers who are senior members may qualify to go on to the Regional/National Horse Shows.

**Over Night Camps and Trips:**

- **Florida 4-H Legislature:** Members 14 and older may participate in a mock legislature, serving as a lobbyist the first year and a legislator or reporter after the first year. The five day program in Tallahassee is scheduled in July.

- **4-H Summer Camp:** Osceola County members 4-H ages 8 though 13 may attend 4-H Camp at Camp Ocala as a camper for one week in June. 4-H members 4-H age 14 and older may apply as a Counselor or CIT (Counselor in Training) in a leadership role. Campers participate in a variety of educational and recreational activities. More information will be available later in the 4-H year and the registration packet will be on the extension website.

- **Florida 4-H Congress:** Congress is the state competition for seniors (ages 14-18). The week at the University of Florida is filled with competitive events, discussion groups, special programs and planned activities. State 4-H Council meets during Congress. You must qualify to attend State 4-H Congress through District Events participation, winning Fashion Revue Construction or Clothing Selection at the county fair, or by submitting a portfolio.

- **Executive Board:** Executive Board is a group of youth from across the state representing their counties and districts. The members attend working meetings at First, Second and Third Executive Board. The committee helps to plan 4-H Congress, 4-H Legislature, Leadership Adventure Weekend (LAW). This group helps to plan and implement a statewide community service project, fundraising, 4-H Day at the Capitol and communication support. Third Executive Board is open to all senior 4-H members ages 14-18.
Leadership Adventure Weekend: LAW is a fun-filled educational weekend planned by youth, focusing on developing leadership and communication skills. It is an excellent chance for you to get to know other 4-Hers from across the state while learning valuable life skills at the same time. Typically, there are LAW events for Intermediate youth (age 11-13) and one for senior 4-Hers (age 14-18).

District VIII 4-H Legislature: This is a mock legislative event for Intermediate (11-13) or senior (14-18) 4-H youth. Intermediate members will participate in committee meetings, debate bills and vote to pass or fail those bills. Senior members who have NOT been to Florida 4-H Legislature will be encouraged to participate in this event and to work with and encourage younger members. Senior members who HAVE been to Florida 4-H Legislature will be the leaders of the event.

Junior Congress is a fun and exciting educational weekend for Intermediate youth (ages 11-13) organized by the District VIII 4-H Council. 4-H’ers learn communication, leadership and citizenship skills including parliamentary procedure. Youth also make new friends in District VIII (Brevard, Lake, Orange, Osceola, Seminole and Volusia counties) and find out more about District and State events.

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